



KANKAKEE COUNTY HEALTH DEPARTMENT

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Date: September 19, 2011

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For immediate release

Subject: flu clinics

Flu Clinics Scheduled

Influenza, (also called flu), is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and lungs. Typical influenza illness includes fever, cough, sore throat, runny or stuffy nose, as well as headache, muscle aches and extreme fatigue

This season's influenza vaccine will offer good protection against the three viruses expected to circulate this season - influenza A (H1N1) virus, influenza A (H3N2) virus, and an influenza B virus. These are the same three flu virus strains that were circulating in 2010-2011. It is important to note that vaccine immunity wanes over time, so CDC is recommending that everyone 6 months and older get vaccinated this season, even if they got vaccinated last season.

The Kankakee County Health Department, located at 2390 West Station, Kankakee will hold flu clinics:

Thursday, September 29	9 am - 6pm
Thursday, October 6	9 am - 4 pm
Thursday, October 13	9 am - 4 pm
Thursday, October 20	9 am - 4 pm
Thursday, October 27	9 am - 4 pm

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