

2013 Kankakee County Teen Conference Workshops

Ltr	Title	Description
A	Brick by Brick Ben Glenn Chalkguy Media International	Can anything good come of LEGOS? Find how purposeful actions can help you create something of value in whatever area of your life you choose - from school to relationships to athletics, etc.
B	God Makes No Junk Ben Glenn Chalkguy Media International	Ever wonder about your value and whether God has a purpose for your life? Ben will share the role that faith has played in growing up with a disability and that God made him that way for a reason
C	Cyber Bullying Kyle Isabelli Calvary Bible Church	There's a lot of talk about this nowadays. There are movies, YouTube videos, and books devoted to this subject. So, what's the big deal about it? Is it really as hurtful and harmful as the media makes it out to be? Have I cyber-bullied someone? And what if I have been bullied? All these and more will be discussed.
D	Dude, You're Getting a Date Tyson Graber Herscher Christian Church	Have you ever wondered what it would be like to actually have a great relationship with someone from the opposite sex? Dating can be a wonderful experience - at the same time, it can be some of the worst times of your life. Find how to avoid a lot of the problems.
F	First Responder Gordon Campbell Presence St. Mary's Hospital	You are the first person to arrive at an emergency medical problem. Besides panic, learn what else you can and cannot do.
G	What a Girl Wants (for males only) Tom Green KC-CASA	Fellas! Dying for a relationship you can brag to other guys about? Come enjoy a great man to man talk about GIRLS!, healthy relationships and respect! Bring your questions and comments as we all try to figure out - what a girl really wants!
H	Hooking Up Hurts Lisa Vander Veer ONU Counseling and Health Services	What's the harm in hooking up? They make it look so easy in the movies, but if it's as good as they say, why does it hurt sometimes too? Join us to talk about hooking up unplugged. <i>(Parent/guardian permission needed on registration form)</i>
I	It's Your Choice-Passionate Career or Boring Job Denise Burklow KCC	Come Explore With Us! Find out about your own personality and how it can affect your career choice. In your lifetime you will work more than 90,000 hours...don't you think it's important to spend that time doing something you enjoy?
K	Kankakee County Teen Court Chris Scivally Kankakee County Teen Court	Ever wonder what happens to a juvenile who has been arrested for a crime? Come find out what Teen Court is all about. Presenters are teens who will conduct a mock trial and YOU will be the jury and impose a sentence on the offender.
L	How to Know When You're Dating a Loser Alicia & Juanna Harbor House	Learn how to identify signs of potentially abusive situations. Find what to do if you find yourself in an abusive relationship, how to leave safely and how to help friends involved with abuse.
M	Through the Maze Paul DeMack Campus Life	Media might be the most criticized and misunderstood force in our culture. What does it take to get through the maze of today's media saturated world?

N	Dating: The Naked Truth Elizabeth Bjorling College Church	Nakedly honest answers to real questions like: How far is too far? What does he say when I'm not around? What does she really mean? How do I get my crush to notice me? What if all my friends are dating and I'm not- is there something wrong with me?
O	Fashion Forward: A Confident You! Diane Richardson ONU Family and Consumer Science	Ladies, find how to dress for body type in a way that is fashionable, fun, and appropriate for the occasion. This will include make-up tips to put your best "face" forward and tips on etiquette to prepare you for positions in leadership.
P	The Party Planner Missy Guimond Rhonda McKinstry I-KAN ROE	Be the host (ess) with the mostest! Come plan a FUN alcohol-free party and discuss how you can influence your friends, younger kids and other community members to not drink alcohol.
R	Ride and Drive Lt Chad Gessner Trooper Steve Sigler Kankakee Sheriffs	Stay Alive - the number one killer of teens is traffic crashes. Using Fatal Vision Goggles while driving a golf cart, you will experience how alcohol impairs coordination and reaction time as you navigate through a course. A truck rollover simulation widemonstrate the dangers of roll-over crashes and the importance of wearing seat belts to survive. <i>(Parent/guardian permission needed on registratioin form)</i>
S	Facebook Fanatics Brett Casino Ben Meils Campus Life	Do you spend more time on Facebook than you spend sleeping? It's easy to get caught up in the world of Facebook with games to play, people to creep on, friends to chat with and the list goes on! Check how Facebook can be used to impact your world today.
T	Tell It Like It Is Margaret Garay Riverside Resolve Center	Tired of adults telling you how horrible drugs and alcohol are? Come hear the realities from teens, (current residents of the Riverside Resolve Center), telling their own stories.
W	Where Did My Money Go? Welcome the the Real World John Davis U of I Extension	Today's average teen spends over \$5,000 annually. As a young person, do you really know ow much it costs to live on your own? come to an active, hand-on, real-life experience which gives you the opportunity to explore career opportunities and make lifestyle and budget choices similar to those adults face on a daily basis.
X	The Love Trap Caraolyn Klaus KC-CASA	What would you do for love? Are you willing to become a slave? Don't become prey to the predators lurking on the Internet, around your neighborhood, at athe mall...everywhere. Join us as we explore a path to freedom. <i>(Parent/guardian permission needed on registratioin form)</i>
Y	Worth It Abby Alger Julie Jones Riverside Medical Center	In a world full of auto-enhanced photos and body-image obsessed media, it can be tough to feel good about yourself. This interactive workshop will help you realize that you are worth the effort and how to develop a healthy view of yourself in an overly critical world.
Z	Texting and Sexting...SMH Kerrie Blanton KC-CASA	Wonder who is really on the other side of the phone when you're texting or sexting?? Come learn about text messaging, sexting and the downside of these "popular trends."